**Dates to Remember**

<table>
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<tr>
<th>Monday 3 June</th>
<th>Public Holiday</th>
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<tr>
<td>8.50am Assembly run by Yr 2/3, item by Yr 6/7</td>
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**Monday 10 June**

**Kindy Play Café 10 – 12pm**

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**PRINCIPAL’S ADDRESS**

Walpole PS students have had a very busy fortnight. They’ve been baking cakes, visiting the senior citizens, learning about photosynthesis, making robots, running cross-countries and having their photo taken. The students definitely are given a lot of opportunities.

Teachers are also busy writing reports. Please bear in mind that we are moving towards a national curriculum and much higher expectations. As such, your child’s report may not seem as good as last year, even though they have been developing new skills. A ‘C’ grade is seen as satisfactory - your child is achieving as expected. A ‘B’ grade means they are achieving above what is expected. It is rare to get an ‘A’ grade. A ‘D’ grade means they are not achieving what is expected for that year level. There may be certain areas they may need to focus on.

The department provides descriptors that are used by staff to allocate a grade. Teachers will also meet next week to moderate their judgements so there will be a lot of discussion around grades.

**CROSS COUNTRY**

The hills were alive with panting children last Friday as they ran the cross country at the Country Club. Thank you to Lisa Teague-Robertson for organising the carnival and the Interschool Cross Country. Also thanks to Rob for helping set out the course.

Thank you also goes to Mal and Janine Smeathers for donating their buses to transport the children to the Country Club. This allowed the students to participate for free.

The medal winners are as follows:

<table>
<thead>
<tr>
<th>Bronze</th>
<th>Silver</th>
<th>Gold</th>
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</thead>
<tbody>
<tr>
<td>Junior Girls</td>
<td>Holly O'Brien</td>
<td>Amber Ninyette</td>
</tr>
<tr>
<td>Junior Boys</td>
<td>Floyd Pickett</td>
<td>Tommy Cooper</td>
</tr>
<tr>
<td>Intermediate Girls</td>
<td>Ashley English</td>
<td>Elsie Edmonds</td>
</tr>
<tr>
<td>Intermediate Boys</td>
<td>Flynn Burton</td>
<td>Conor O'Brien</td>
</tr>
<tr>
<td>Senior Girls</td>
<td>Kori Thompson</td>
<td>Laura McKenney</td>
</tr>
<tr>
<td>Senior Boys</td>
<td>William Roocke</td>
<td>Richard Cullinan</td>
</tr>
</tbody>
</table>

I’m sorry I missed the Cross Country as I was at a Principal’s Briefing in Albany. However, it did give me an opportunity to see some Walpole students, Lucas, Monty and Aurora, shine at the Eisteddfod. Lailani, William and Tully also performed. Thank you to Trish Crossley for supporting these students and others to achieve so well.
ATTENDANCE
One of the issues raised at Principal’s Briefing was that there is a direct link between academic achievement and attendance. It is clear that every day at school makes a difference. If your child is sick, we do not expect them at school; it will only make others unwell. However, if they are away for other reasons, that can be avoided, consider the impact it will have on their academic achievement. I will be following up on absences with authorisation or that are regular.

PEACEFULL THE CLOWN INCURSION
Peacefull aka Susan Carew is a World Peace Clown and was invited to Russia with the famous Dr. Patch Adams. She clowned with 40 clowns from around the world spreading warmth in cold Russia. Peacefull has just travelled around Australia teaching peace education, conflict resolution, clowning and laughter to children in schools.

THANK YOU
Thank you to Walpole Op shop for the donation of $300 for the K/P/1 Mural, $300 towards the Yr 4-7 camp and $200 towards Yr 6/7 Robotics. This is a very generous amount of money for three worthwhile projects.

PROTOCOLS
We are very lucky to have so many parent and community volunteers working in the school. Please remember that you must sign in at the office and wear a visitor badge when you are in the school grounds. This is a health and safety issue.

YEAR SEVEN STUDENT
The next Year 7 student who I would like to introduce to you is:

Max Cummuskey

1. Where were you born? Albany Regional Hospital
2. Where did you start school? Walpole Primary School
3. What are your interests/hobbies? Surfing, skateboard, footy, basketball, running, karate, sailing, guitar, drums and climbing
4. Where are you going to high school? Denmark High School, maybe another in Albany depending what I would like to do later on in life.
5. What are your plans after high school? Save up some money and go on a surf trip.
6. What are your future goals? To have a well paying job that I like and so that I can still go surfing whenever the conditions are good.
7. What kind of car do you want for your first car? A white 4WD Toyota Hilux Ute with high clearance.
8. What do you see yourself doing in 20 years? Possibly still travelling but living happy, healthy and making money a way I enjoy.

Regards
Chris Cook
Principal

Nutrition Corner
Many foods are great sources of fibre such as fruit, vegs, nuts, legumes and whole grain breads and cereals. Your kids are probably already eating many high fibre foods without them realising it. Try introducing wholemeal or whole-grain bread by making ‘zebra’ sandwiches: use one slice high fibre white and one slice wholemeal. Muffins can break up the daily routine of sandwiches, especially when you include some fruit and vegs. Make a batch on the weekend and freeze ready for the week ahead.

Cheesy Vegetable Muffins:
1 cup wholemeal self raising flour
⅛ cup canola oil
1 cup plain self-raising flour 125g can
cream corn
1 ½ cups grated zucchini
⅓ cup reduced fat milk
1 ½ cups grated carrot
1 large egg
⅓ cup grated reduced fat tasty cheese Canola oil spray

1. Preheat oven to 190°C (170°C fan-forced). Sift flour into a bowl, stir in zucchini, carrot and cheese.
2. Whisk together oil, creamed corn, milk and egg. Add to flour mixture and mix until ingredients are just combined.
3. Grease a non-stick muffin pan with cooking spray, and spoon in mixture evenly. Bake in oven for 25-30 minutes or until muffins are light golden and just firm to touch.

Public Health Nutrition and Fall Programs

FOR SALE FOR SALE FOR SALE FOR SALE

PUREBRED HEAVY LIGHT SUSSEX ROOSTERS
$20.00 each

Contact Rob at the school
Peace Run
An invitation to participate in the World’s Longest Relay.
Members of the Australian Peace Run team will be visiting Walpole on Tuesday 4th June at 2.00pm at Pioneer Park.
Depending on the weather, maybe held in the undercover area at the School.
Walpole Primary School Choir will be performing along with The members of the relay team.
Hope to see you there.