PRINCIPAL’S ADDRESS
Welcome back! Hopefully, you and your families had an enjoyable break.

Teachers attend the Phase 2 Australian Curriculum PD organised by the Albany Network on Tuesday April 26. The latest Humanities and Social Sciences curriculum includes Geography, Civics and Citizenship and Economics and Business. Some teachers will include Geography in this year’s student report.

This term will be a busy one, with our URWalpole program running through the term. Please let the teachers know if you have any knowledge in the area of Oceans, or are able to help in the classroom or on excursions.

NAPLAN for Year 3 and 5 students will commence on May 10 to 12. This test gives us an indication of how our students do compared to the rest of Australia, whether we are on-track or need to modify our approaches. The best support you can give your child is to make sure they are relaxed and able to do their best.

VISITORS TO THE SCHOOL
Over the holidays we had some visitors from within the field of education but not linked to our school. They were very impressed with the opportunities the students have at Walpole PS including the fantastic grounds, the kitchen and garden and the URWalpole program.

SENIORS VISIT
Last term, a group of sixteen seniors visited the school. They shared stories of their time at school and joined in class activities.

They also enjoyed a shared lunch with the students. Rob, and his helpers, produced a magnificent beef casserole with mashed potato and veges, followed by chocolate cake with cream and raspberry coulis.

ATTENDANCE
Congratulations to the students who attended every day last term. They are Jackie Bachmann, Keira English, Mae Hardiman, Leah Hill, Dylan Hoskins, Lara Hunter, Jorja and Tristan Kirkwood, Gypsie Mayger, Chantelle and Luke McKinlay, Grace Rule, Jade Vermeulen and Ellie and Zoe Slatter. Students who attend regularly are provided with every opportunity to succeed academically and socially.

FUN RUN
The students from K to 6 ran for forty five minutes for the Fun Run on Wednesday. Being Walpolians, they shrugged off the drizzle and kept running. The money raised will go towards the Walpole St John Ambulance and to erect gym bars in our playground.

Please remember to return sponsorship forms and money by Friday, May 13.

CROSS COUNTRY
The Faction Cross Country will take place Wednesday May 18. It’s important that we have as many parent/community members as possible so that we can run this event safely.
Getting Kids in the Kitchen

It is important for children to read recipes and to be involved in preparing healthy meals. It assists in developing their life skills, as well as encouraging them to recognise the importance of healthy nutrition. Education surrounding nourishing foods and healthy cooking methods will assist in shaping a healthier future. Encouraging children to assist with meal preparation and cooking has various benefits. Please refer to the list below:

- **Comprehension** – reading recipes will get them to follow sequence and understand step-by-step instructions.
- **Mathematic skills** – doubling and halving ingredients is a great way to practice maths. When you incorporate this into cooking they often don’t recognising they’re practicing maths!
- **Self-esteem** - aside from education, cooking can also increase a child’s confidence and add a sense of accomplishment into their day.
- **Life skills** – cooking helps to develop essential everyday skills, which allow easier transition into adulthood.
- **Science and nutrition education** - it increases curiosity, getting them to try new foods.
- **Communication** – cooking creates a relaxed atmosphere, which can open an opportunity to talk to children about anything and everything.
- **Fun!** – cooking can build positive memories and happier children.

*Taken from Allied Health Newsletter*

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**P&C MEETING**

Monday 16 May at 5.00pm

in the school library.

All welcome!

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**Scholastic Book Club**

New Catalogue out now!

Available from the Front Office.

Orders due by 17/5/16

*Regards*

Tash, Library Officer

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**ANZAC ASSEMBLY AND PERFORMANCE**

As usual, the choir performed beautifully at the town ANZAC ceremony. It was a privilege being a part of the school and listening to the wonderful comments from onlookers.

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**Triple P Dealing With Disobedience Discussion Group**

DEALING WITH DISOBEDIENCE

Helping Parents discuss why children don’t do as they are told, how to set limits and how to deal with disobedience when it happens.

**What are Triple P Discussion Groups?**

Triple P Discussion Groups are short, group sessions that offer practical advice for tackling specific problem behaviour. They are run by a trained Triple P provider and the session brings together about 10-12 parents who are experiencing the same parenting problem.

**What happens at a Discussion Group?**

In a relaxed group session, your provider will give you tips and suggestions for dealing with disobedience. You will see short video clips showing other parents successfully dealing with the same issue and you’ll be encouraged to share your thoughts with the other parents in the group. If you want to, you will also be given a take home workbook with simple exercises and information to help you try your new strategies at home.

For Parents of Children from Birth to 12 Years

**Date:** Thursday May 12th

**Time:** 9:30am – 11:30am

**Place:** Walpole Primary School

**Cost:** FREE

On-site child care can be booked at no cost

**Facilitator:** Jenny Allen

Lead School Psychologist

**Bookings are essential**

For more information or to book a place in the group, contact the office 9840 1020.

A reminder that we need more bookings for the Triple P course to run. It is pitched for parents of primary-aged children and is a once-off session.

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Thank you Mal and Janine Smeathers for donating the bus and driver for the upcoming Cross Country.